

2013 Hachinohe City Routine Immunization Schedule [November 1st 2013 Version]

☆ The schedule for Routine Immunizations in Hachinohe City is as detailed below. Confirm the target ages for all vaccinations.

Immunization Cost : Free (Only if during the designated time period)

Where : Individual vaccinations at participating medical facilities (List provided)

When : Year Round (Double Vaccines are from August until October)

What to bring : maternal and child health handbook, pre-immunization questionnaire

* If you don't have a maternal and child health handbook, contact the Health Promotions Section and apply to receive one.

* If you don't have a pre-immunization questionnaire, confirm that the medical facility has questionnaires when making an appointment.



Vaccine Type		Target Age	Typical Immunization Age	Number of shots and waiting period	Notes
BCG		Between 3~12 months after birth	Between 5~8 months after birth	1 shot	
Quadruple Vaccine (Diphtheria, Whooping Cough, Polio, Tetanus)	1st Round Initial shots	Between 3~90 months after birth	Between 3~12 months after birth	3 shots in a 20~56 day time period	◇Quadruple Vaccines are for those who have not yet received Triple Vaccines, Live Polio Vaccines and separate Inactivated Polio Vaccines. ◇Those who have already started Triple Vaccines and Polio Vaccines must receive all Triple Vaccine and Polio Vaccine shots. ◇Children eligible for Quadruple Vaccine may receive Triple Vaccine and Polio Vaccine instead depending on the availability.
	1st Round Booster	Between 3~90 months after birth	Between 12~18 months after the initial 3 shots in the 1st Round	1 shot, to be received at least 6 months after the Initial shots in the 1st Round.	
Triple Vaccine (Diphtheria, Whooping Cough, Tetanus)	1st Round Initial shots	Between 3~90 months after birth	Between 3~12 months after birth	3 shots in a 20~56 day time period	◇Received 1 shot of live vaccine : Will receive the remaining 2 initial shots, then the last shot. Received 2 shots of live vaccine : There is no need to receive further vaccinations. ◇The waiting period between initial shots will change to "20~56 days" in 3 years from Sep 2012.
	1st Round Booster	Between 3~90 months after birth	Between 12~18 months after the initial 3 shots in the 1st Round	1 shot, to be received at least 6 months after the Initial shots in the 1st Round.	
Polio (poliomyelitis)	Initial	Between 3~90 months after birth	Between 3~12 months after birth	3 shots with a at least 20 days inbetween each shot.	◇Received 1 shot of live vaccine : Will receive the remaining 2 initial shots, then the last shot. Received 2 shots of live vaccine : There is no need to receive further vaccinations. ◇The waiting period between initial shots will change to "20~56 days" in 3 years from Sep 2012.
	Booster	Between 3~90 months after birth	Between 12~18 months after the initial 3 shots	1 shot, to be received at least 6 months after the Initial shots.	
Double Vaccine (Diphtheria and Tetanus) (2nd Round of Quadruple and Triple Vaccines)		6th year of Elementary School * This is for children that have received 3~4 shots of Quadruple or Triple Vaccines.		1 shot	◇Vaccinations will be provided from Aug~Oct. Receive your shots at participating medical facilities during this time period. ◇Notices will be distributed at Elementary Schools within Hachinohe City.
Measles and Rubella	1st Round	Between 12~24 months after birth	Between 12~15months after birth	1 shot (Measles and Rubella Combined Vaccine)	◇Children that have caught either measles or rubella can also receive Measles and Rubella Combined Vaccine. ◇Gamma globulin vaccine recipients should wait 3 months. (6 months if they received the largest dosage)
	2nd Round	From April 1st of the year before entering Elementary School until the day before entering. (Mar. 31st)		1 shot (Measles and Rubella Combined Vaccine)	
Japanese Encephalitis	1st Round Initial shots	Between 36~90 months after birth	3 years old	2 shots in a 6~28 day time period	Exceptional cases of people who didn't receive vaccinations due to a less active encouragement of routine immunizations in 2005, can receive what ever vaccines they are lacking until reaching 20 years of age. (Exceptional case : Those born between April 2 1995 ~ April 1 2007 that have not received a total of 4 shots)
	1st Round Booster	Between 36~90 months after birth	4 years old	1 shot, to be received about 1 year (11~13 months) after receiving the initial round of shots.	
	2nd Round	9 years and over; under 13 years	4th year of Elementary School	1 shot	

Vaccine Type	Target Age	Age at 1st vaccination*	Number of shots	Waiting period between shots
H. influenzae type b (Hib)	Between 2~60 months after birth	Between 2~6 months after birth*	4 shots	First Round : 3 shots in a 27~56 day time period Booster Shots : 1 shot in a 7~13 month time period after the initial round (3 shots).
		Between 7~11 months after birth	3 shots	First Round : 2 shots in a 27~56 day time period Booster Shots : 1 shot in a 7~13 month time period after the initial round (2 shots).
		Between 12~60 months after birth	1 shot	
Pediatric Pneumococcal Vaccine	Between 2~60 months after birth	Between 2~6 months after birth*	4 shots	First Round : 3 shots with atleast 27 days between shots. * To be finished before the 1st birthday. Leftover shots will not be conducted and a booster shot will be given. Booster Shots : 1 shot after the 1st birthday and at least 60 days after the initial round of shots. (Typical immunization period is 12~15 months after birth)
		Between 7~11 months after birth	3 shots	First Round : 2 shots with at least 27 days between each shot * To be finished before 13 months of age (i.e. by May 14th for a child born on April 15th). In the case of leftover shots, the remainder will not be conducted and a booster shot will be given. Booster Shots : 1 shot to given after the child reaches 12 months of age and at least 60 days after the initial round of shots.
		Between 12~23 months after birth	2 shots	2 shots with atleast 60 days between shots.
		Between 24~60 months after birth	1 shot	

*The number of shots for Hib and Pediatric Pneumococcal Vaccines vary by age vaccinations were begun. Typical immunization starting age is between 2~6 months after birth.

• Age at 1st vaccination differs from [Ways to consider infant age during immunizations] shown on back. Be sure to confirm the number ofshots if vaccinations were begun near the borderline of the eligible age group.

• Those in the eligible age group who optionally started vaccination shots with the goal of finishing by 2012, can get the remaining shots they need.

Check the back as well→

Vaccine Type	Target Age	Typical Immunization Age	Number of shots and waiting period		
Cervical Cancer	Young girls from 6th year of elementary school until the 1st year of high school	1st year of Middle School	3 shots	The waiting time period differs by vaccine type. Discuss the type of vaccination you will receive with the medical facility and wait the appropriate amount of time in between shots. * The same vaccine will be given in 3 shots. * No matter what type of vaccine you receive, finish your vaccination within 1 year.	
				Type of Vaccine	Waiting period between shots
				①Cervarix	2nd shot: 1 month after the 1st 3rd shot: 6 months after the 1st
②Gardasil	2nd shot: 2 months after the 1st 3rd shot: 6 months after the 1st				

* During the 1st year of Middle School, which is the Typical Immunization age, notices and pre-immunization questionnaires will be distributed at Middle Schools.

* Due to reports of side-effects in the form of serious chronic pain post-vaccination, the Ministry of Health, Labour and Welfare stated on June 14th, 2013 that, although the cause and effect relationship with immunizations is unknown and immunizations will continue to be administered, a proactive encouragement of immunization should not be conducted until the frequency of reports becomes more clear and an adequate provision of information can be given to citizens. The city is not proactively encouraging immunization, but we are still accepting routine immunizations, so please acquire an understanding of the effects and risks involved with the process before accepting an immunization.

◀ Precautions when receiving vaccinations ▶

【Checklist before receiving vaccines】

- 1 Does your child feel well?
- 2 Do you understand the vaccines that your child will receive today?
Read either the "Vaccination and Child's Health" information pamphlet or the notices on each type of vaccine.
- 3 Do you have your maternal and child health handbook?
- 4 Did you fill out the pre-immunization questionnaire?
- 5 Have you kept your child's clothing clean?
- 6 Will an adult knowledgeable about your child's health accompany them?

【When receiving a different vaccine, wait the designated time period detailed below】

Live Vaccine	Wait more than ➔	Live Vaccine
BCG, Measles, Rubella, Chicken Pox, Mumps, etc.		Inactivated Vaccine
Inactivated Vaccine	Wait more than 6 days ➔	Live Vaccine
Quadruple, Triple and Double Vaccine, Polio, Japanese Encephalitis, H. influenzae type b (Hib), Pediatric Pneumococcal, Influenza, Hepatitis B, etc.		Inactivated Vaccine

【Precautions before receiving vaccinations】

If you catch any of the following illnesses, it may be difficult to gain immunity. Therefore please wait for a certain time period after recovering before receiving vaccinations. Also if you have any contact with people that have caught the these illnesses, then wait then the designated incubation time before receiving vaccinations just to be safe.

Illness	Waiting period until Immunization	Incubation Period
Measles	About 4 weeks	About 2 weeks
Rubella, Mumps, Chicken Pox	About 2~4 weeks	About 2~3 weeks
Exanthema subitum, Hand foot and mouth disease, Fifth disease	About 1~2 weeks	About 2~3 weeks
Convulsions (Spasms, fever convulsions)	About 3 months after the last episode	



【Ways to consider infant age during immunizations】

Example : If born on October 8th

- ① Between 3~12 months after birth : From the day before becoming 3 months old (Jan. 7) until the day before the 1st birthday (Oct. 7)
- ② Between 3~90 months after birth : From the day before becoming 3 months old (Jan. 7) until April 7th of the 7th year.
- ③ 9 years and over; under 13 years : From the day before the 9th birthday (Oct. 7) until 2 days before the 13th birthday (Oct. 6)

【If through illness your child is unable to receive vaccines in the target age group】

If due to a specific illness, your child is unable to receive vaccines during the target age group, it is possible to receive vaccines as routine immunizations for up to 2 years after the day that immunization is considered possible. (There is a limit to certain age groups) If this applies to you then contact the Health Promotions Section in advance.